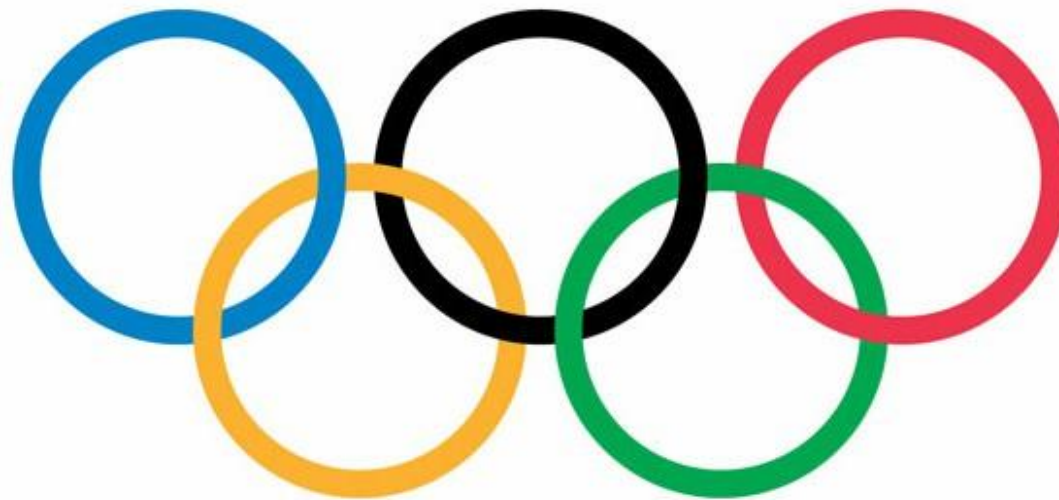




# Research Report

Topic “What Olympic events were practiced in ancient Greece?”

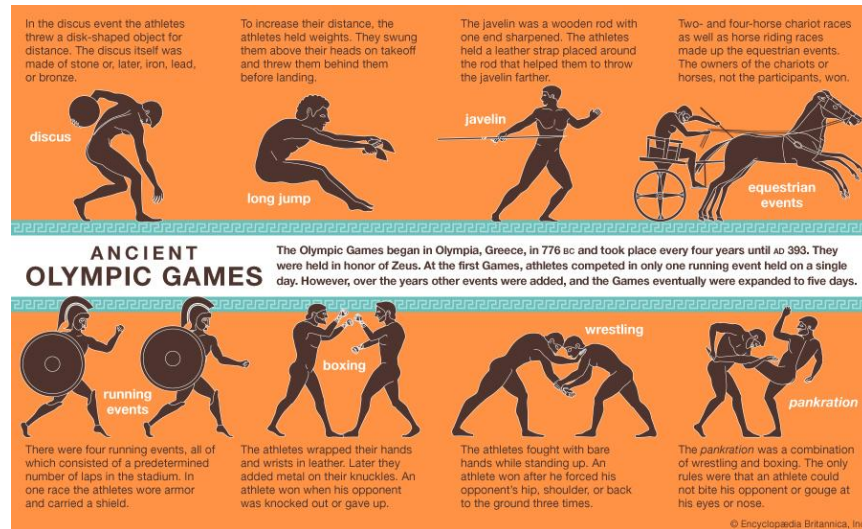
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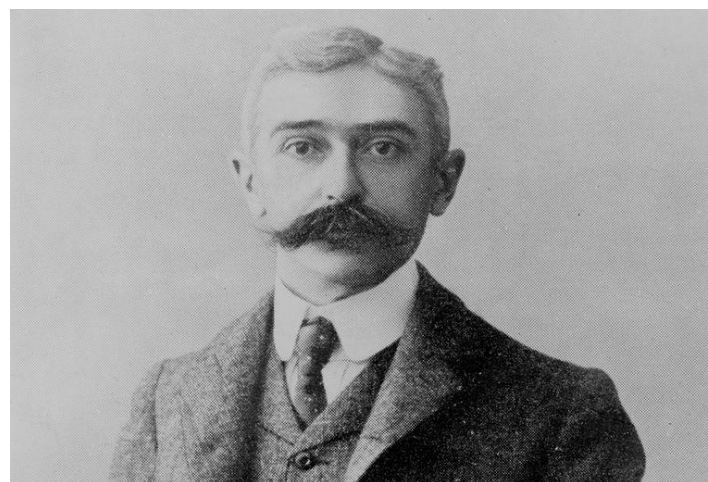
The ancient Olympic Games were initially a one-day event until 684 BC, when they were extended to three days. In the 5<sup>th</sup> century BC, they were extended to 5 days. The Games began in the year 76 BC, when Koroibos won the stadion race. According to some literary traditions, athletic event of the Games for the first 13 festivals or until 724 BC. The sacred olive tree of Zeus, pock-marked by olive trees, was cut into victory wreaths to mark the finish line for all races. The first Games took place in 1896 in Athens and included 280 participants from 13 nations competing in 43 events.



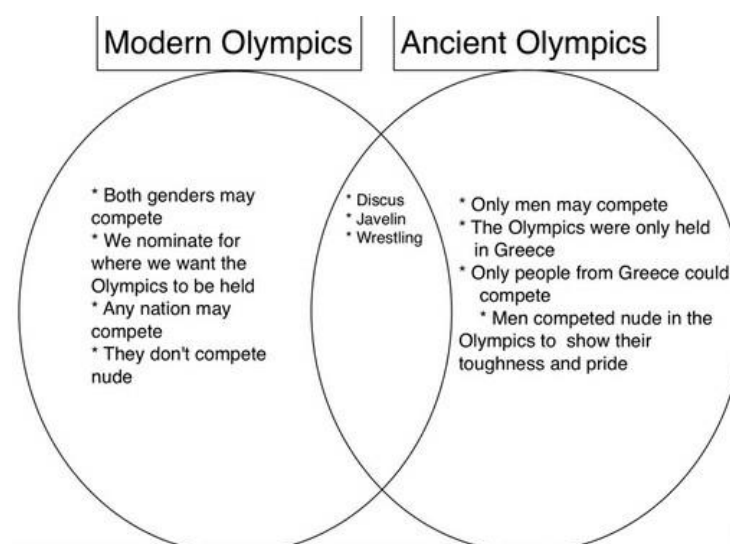
The old events had 7 items: running, long jump, shot put, javelin, boxing, pankration and equestrian events. The first, running, was the pre-eminent test of speed. For jumping, athletes used weights to increase the distance of a jump. The third was shot put, which uses a metal ball. Athlete must not touch the top of the toe when throwing, or leave the ball before the ball falls, before starting from second half of the ball. The fourth is javelin. Javelin is a light spear designed primarily to be thrown, and is historically a ranged weapon. The fifth is boxing. Boxers wrapped straps around their hands. Initially, these straps were soft, but as time progressed, boxers used hard leather straps, which often disfigured their opponents. The sixth was pankration. Pankration athletes used boxing and wrestling techniques. The only things not acceptable were biting and gouging out the opponent's eyes. The seventh were equestrian events. The current Olympic equestrian disciplines are dressage and jumping. In each discipline, both individual and team medals were awarded. The ancient Games only had 7 events.



Inspired by the 8th century BC to the 4th century AD, Baron Pierre de Coubertin (considered the father of the modern Olympic Games) founded the International Olympics in 1894. The first modern Olympic Games were held just two years later in 1896.



There are 4 different points of the ancient and modern Olympics. First is that in ancient times, only people of Greek descent were allowed to participate. Second is that only men were allowed to participate. Third, the ancient Olympic Games were a religious event held to commemorate the Greek god Zeus. Fourth, there was only one medal in the ancient Olympics. There are currently 15 types of events in the Olympic Games, each with gold, silver and bronze medals.



Now, the Olympic Games have so many events. In ancient times, there were only 7 items, but now there are 36 events. I think the most interesting sport events are archery, equestrian, fencing and shooting. I want to learn these sports, especially shooting, which I think is very cool. Shooting is not only fun, but I can also get a chance to use arrows. I think that is really fun. The first Olympic event was running in 1896, but I think in the future, there might be many more events than now, because in the past, Olympic events only had 7, but now there are 36 events.